

STEP-BY-STEP INSTRUCTIONS FOR

Reconstitution and Subcutaneous Administration of Bravelle®, Menopur®, and Repronex®

Your doctor has prescribed BRAVELLE® and/or MENOPUR® –or– BRAVELLE® and/or REPRONEX® for subcutaneous injection.

This instruction sheet will help you prepare and inject your medication at home. If you have any questions, don't hesitate to call your doctor or nurse.

1 Before you start

- Wash your hands with antibacterial soap and use alcohol to clean the surface where you will be working.



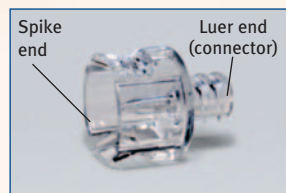
- Have these supplies ready:
 - A vial (or vials) of BRAVELLE® and/or MENOPUR® –or– BRAVELLE® and/or REPRONEX®, and a vial of sodium chloride 0.9% (sterile diluent) that is conveniently packaged with your medicine
 - A sterile syringe and needle
 - Q-Cap™ (for exclusive use with Ferring fertility products) that is conveniently packaged with your medicine
 - Alcohol pads, rubbing alcohol, gauze, and a needle disposal container

2 Preparing your medicine and filling the syringe

Remember: Only the sodium chloride (sterile diluent) provided may be used to reconstitute BRAVELLE® and/or MENOPUR® –or– BRAVELLE® and/or REPRONEX®.

- Remove the syringe from the wrapper (as directed by your doctor or nurse). If there is a capped needle on the syringe, remove the needle by twisting it counterclockwise. Open one Q-Cap™ by peeling back the label and set the blister pouch with the Q-Cap™ aside. Do not take the Q-Cap™ out of the blister pouch at this time. Do not touch the ends of the Q-Cap™.
- Remove the plastic caps from the tops of the vials of the sterile diluent and BRAVELLE® and/or MENOPUR® –or– BRAVELLE® and/or REPRONEX®.
- Wipe the tops of the vials with alcohol. Don't touch the tops of the vials once you have wiped them.

- Place the sterile diluent vial on the counter. Remove the Q-Cap™ from the blister pouch by grasping its side. Carefully twist the syringe onto the Luer end (connector) of the Q-Cap™ until you feel a slight resistance. Do not touch the spike end of the Q-Cap™.



- Withdraw the syringe plunger to the volume of diluent that is to be removed from the vial. This is normally 1 mL, but be sure to follow your doctor's instructions on the amount of diluent to use. Hold the syringe and place the spike end of the Q-Cap™ over the top of the sterile diluent vial. Push the tip of the Q-Cap™ into the rubber stopper of the vial until you feel a slight resistance. Be very careful not to push down on the syringe plunger during this step.



- Push the syringe plunger down to transfer the air from the syringe into the vial. Keeping the syringe and Q-Cap™ together, turn the vial upside down and pull back on the syringe plunger to withdraw the desired amount of sterile diluent from the vial, as directed by your doctor.



- Place the vial on the counter. Remove the Q-Cap™ and syringe from the vial by pulling up on the syringe barrel. Discard the diluent vial.



- Hold the BRAVELLE®/MENOPUR®/REPRONEX® vial in one hand. Grasp the sides of the syringe with your other hand and place the tip of the Q-Cap™ over the top of the vial. Push the tip of the Q-Cap™ into the rubber stopper of the vial until you feel a slight resistance. Be very careful not to push on the syringe plunger during this step.



Bravelle® (urofollitropin for injection, purified) **Menopur®** (menotropins for injection, USP) **Repronex®** (menotropins for injection, USP)



Q-Cap™ for exclusive use with Ferring fertility products

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Please see full Prescribing Information for BRAVELLE®, MENOPUR®, and REPRONEX®.

Reconstitution and Subcutaneous Administration (cont'd)

- Slowly inject the sterile diluent into the vial containing BRAVELLE®/MENOPUR®/REPRONEX® powder. Gently swirl until the powder is completely dissolved. Do not shake the vial because this will create bubbles.

- As soon as the powder has completely dissolved, turn the vial upside down and withdraw all of the BRAVELLE®/MENOPUR®/REPRONEX® into the syringe.



Note for patients who need

multiple vials: The BRAVELLE®/MENOPUR®/REPRONEX® solution may be used to dissolve up to 5 additional vials, for a total of 6 vials in 1 mL. After reconstituting the first vial of BRAVELLE®/MENOPUR®/REPRONEX® with sterile diluent, use the solution already in the Q•Cap™/syringe to reconstitute the additional vials of BRAVELLE®/MENOPUR®/REPRONEX®. When reconstituting additional vials, follow the same instructions used to reconstitute the first vial of BRAVELLE®/MENOPUR®/REPRONEX®. When you have finished reconstituting all the vials for this injection, proceed to the next section.

3 Removing the Q•Cap™ and adding the needle

- When you have finished reconstituting the last vial necessary for your injection and have withdrawn all the medication into the syringe, twist the syringe counterclockwise while holding the Q•Cap™ steady to remove the syringe from the Q•Cap™. Discard the Q•Cap™ with the attached medication vial.



- You are now ready to attach the injection needle to the syringe for your injection. Please follow your doctor's instructions on which needle to use and where to make your injection.



- While holding the syringe pointing upward, twist the small (subcutaneous) needle clockwise onto the syringe.
- Hold the syringe straight up. Draw back slightly on the plunger and tap the syringe so that any air bubbles rise to the top. Slowly press the plunger until all the air is out of the syringe and a small drop of solution forms at the tip of the needle.
- Tap the syringe to remove the drop of solution at the tip of the needle.
- Carefully recap the needle to keep it sterile. The solution is now ready for injection.

If an uncapped needle EVER comes into contact with anything other than BRAVELLE®/MENOPUR®/REPRONEX® or sterile diluent, do not inject yourself with it. Immediately remove the needle and replace it with a new sterile needle.

4 Injecting your medicine

- BRAVELLE®/Menopur®/REPRONEX® should be injected into the skin on your abdomen a few inches below your navel... left or right. Each day, use the alternate side of your abdomen to help reduce soreness.



- Carefully clean the injection site area with an alcohol pad and allow the site to air-dry.
- Remove the needle cap from the syringe.
- Hold the syringe in one hand. Use your other hand to gently grasp the skin in the injection site area between your thumb and index finger.
- Hold the syringe perpendicular (at a right angle) to the skin like a dart and quickly insert the needle all the way into the skin.
- Depress the plunger of the syringe with a steady motion until all the fluid is injected beneath the skin.
- Release the skin and pull the needle straight out.

5 Disposing of the syringes and needles

- Recap the needle and discard the syringe and the needle into a needle disposal container with a lid.
- Discard any opened vials of diluent or opened vials of medication. After you finish your course of treatment, ask your health care provider how to properly dispose of the needle disposal container.



6 After the injection

- If any bleeding should occur, simply place a small piece of gauze over the injection site and apply gentle pressure to stop the bleeding.
- If the injection site becomes sore, applying ice for brief intervals may help relieve any discomfort.

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BRV-5771